



Malton In-Touch Group

January – March 2018

- 9th Jan** **Music & Movement, gentle exercises.**
- 15th Jan** **Malton In-Touch group:**
Welcome Back. New activities announced.
- 16th Jan** **Music & Movement, gentle exercises.**
- 29th Jan** **Malton In-Touch group:**
Treking in Peru with Julie.
- 30th Jan** **Music & Movement, gentle exercises.**
- 9th Feb** **Boccia Group. Learn this gentle and**
competitive sport. Suitable for all abilities.

- 12th Feb** **Malton In-Touch group: Household Bills.
Are you getting the best deal?**
- 13th Feb** **Music & Movement, gentle exercises.**
- 21st Feb** **Technology Group: Learn how hand-held
devices, phones and tablets, may be the
daily living aid you are looking for.**
- 23rd Feb** **Boccia Group.**
- 26th Feb** **February Friendly. Tea party with members
from Pickering In Touch Group.**
- 27th Feb** **Music & Movement, gentle exercises.**
- 9th Mar** **Boccia Group.**

- 12th Mar Malton In-Touch group:
Fun & Games. School Days Reminiscing.**
- 13th Mar Music & Movement, gentle exercises.**
- 21st Mar Technology Group.**
- 23rd Mar Boccia Group.**
- 26th Mar Malton In-Touch group:
Subject to be Confirmed.**
- 27th Mar Music & Movement, gentle exercises.**