



Malton In-Touch Group

September – December 2018

- 7th Sept Boccia Group. 10.15 – 11.45**
- 10th Sep Malton Intouch group. 2-4pm**
- 11th Sept Music & Movement, gentle exercises
followed by cake and chat. 2.30-4pm.**
- 12th Sept Craft Club. 10am-12pm.**
- 13th Sept North Yorkshire Moors Railway, leaves
Pickering at 9.25am.**
- 18th Sept Cycling and Lunch. 10am -1.30pm**

- 19th Sept** **Technology Group. 2 – 4pm**
- 21st Sept** **Boccia Group. 10.15 – 11.45am**
- 24th Sept** **Malton In-Touch group. 2 - 4pm:**
British Wireless for the Blind
- 25th Sept** **Music & Movement, gentle exercises**
followed by cake and chat. 2.30-4pm.
- 26th Sept** **Sight Village Exhibition, Leeds. All day.**
- 5th Oct** **Boccia Group. 10.15 – 11.45am**

- 8th Oct** Malton In-Touch Group. 2-4pm:
'How Lassie Came Home'. Greg Christie, author and Sight Support Ryedale Member talks about his recently published book.
- 9th Oct** Music & Movement, gentle exercises followed by cake and chat. 2.30-4pm.
- 11th Oct** Cycling and Lunch. 10am -1.30pm
- 17th Oct** Technology Group. 2 – 4pm
- 22nd Oct** Autumn Get Together. 2-4pm: Members from both Pickering and Malton will meet together at Malton. Sight Support Ryedale AGM.
- 23rd Oct** Music & Movement, gentle exercises followed by cake and chat. 2.30-4pm.
- 24th Oct** Craft Club. 10am-12pm

- 2nd Nov** **Boccia Group. 10.15 – 11.45am**
- 5th Nov** **Malton In-Touch Group. 2-4pm**
Pickering Rotary Members, Hugh Morgan
and David Capes entertain with their tale of
a venetian boat trip.
- 6th Nov** **Music & Movement, gentle exercises**
followed by cake and chat. 2.30-4pm.
- 7th Nov** **Craft Club. 10am-12pm**
- 15th Nov** **Shopping Trip to Monks Cross / Vanguard.**
11am-3pm
- 16th Nov** **Boccia Group. 10.15 – 11.45am**
- 19th Nov** **Malton In-Touch Group. 2-4pm**
- 20th Nov** **Music & Movement, gentle exercises**
followed by cake and chat. 2.30-4pm.

- 21st Nov Technology Group**
- 26th Nov Castle Howard Trip. 11am – 3pm**
- 28th Nov Craft Club 10am – 12pm**
- 30th Nov Boccia Group. 10.15 – 11.45am**
- 4th Dec Music & Movement, gentle exercises
followed by cake and chat. 2.30-4pm.**
- 5th Dec Christmas Lunch**
- 10th Dec Carol Service**
- 12th Dec Craft Club 10am – 12pm**
- 14th Dec Boccia Group. 10.15 – 11.45am (last one
before Christmas)**

18th Dec Music & Movement, gentle exercises followed by cake and chat. 2.30-4pm. (last one before Christmas)

20th December 2018 until 2nd January 2019 the Sight Support Ryedale Office will be closed for Christmas.

To contact the office please call: 01653 698860

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