



Pickering In-Touch Group

January – March 2018

5th April Pickering In-Touch group:

Human Ware. 2-4pm

6th April Boccia

**10th April Music & Movement,
gentle exercises. 2.30-4pm**

19th April Pickering In-Touch group:

Guide Dog Party. 2-4pm

20th April Boccia

**24th April Music & Movement,
gentle exercises.**

25th April Technology Group. 2-4pm

26th April Cycling—Dalby Forest

3rd May Pickering In-Touch group:

**Malton members will be joining us
at Pickering**

4th May Boccia

**8th May Music & Movement,
gentle exercises.**

10th May Shopping—Northallerton

16th May Technology Group

17th May Pickering In-Touch group:

18th May Boccia

**22nd May Music & Movement,
gentle exercises.**

24th May Ramble & Chat
Gentle walking, followed by
refreshments. 2-4pm

30th May Cycling in Scarborough

31st May Pickering In-Touch group:

1st June Boccia

5th June Music & Movement,
gentle exercises.

7th June Ramble & Chat

14th June Pickering Group North Yorkshire

Moors Railway Trip

15th June Boccia

**19th June Music & Movement,
gentle exercises.**

20th June Technology Group

21st June Ramble & Chat

26th June Cycling in Dalby Forest

28th June Pickering In-Touch group:

British Blind Wireless Fund

29th June Boccia

**3rd July Music & Movement,
gentle exercises.**

5th July Ramble & Chat

12th July Pickering In-Touch group:

Woodland Trust

13th July Boccia

**17th July Music & Movement,
gentle exercises.**

18th July Technology Group

19th July Ramble & Chat

25th July Cycling in Dalby Forest

26th July Pickering In-Touch group:

27th July Boccia

**30th July Join with Malton Members at their
In– Touch meeting, at Norton. 2-4pm**

**31st July Music & Movement,
gentle exercises. 2.30-4pm**

If you wish to join in with any of these activities

please call Sight Support Ryedale on

01653 698860