



# **Pickering In-Touch Group**

## **September – December 2018**

- 7<sup>th</sup> Sept      Boccia Group. 10.15 – 11.45**
- 11<sup>th</sup> Sept      Music & Movement, gentle exercises  
followed by cake and chat. 2.30-4pm.**
- 12<sup>th</sup> Sept      Craft Club. 10am-12pm.**
- 18<sup>th</sup> Sept      Cycling and Lunch. 10am -1.30pm**
- 19<sup>th</sup> Sept      Technology Group. 2 – 4pm**
- 20<sup>th</sup> Sept      Pickering In-Touch group. 2 - 4pm**
- 21<sup>st</sup> Sept      Boccia Group. 10.15 – 11.45am**

- 25<sup>th</sup> Sept**     **Music & Movement, gentle exercises followed by cake and chat. 2.30-4pm.**
- 26<sup>th</sup> Sept**     **Sight Village Exhibition, Leeds. All day.**
- 4<sup>th</sup> Oct**         **Pickering In-Touch Group. 2-4pm:  
'How Lassie Came Home'. Greg Christie,  
author and Sight Support Ryedale Member  
talks about his recently published book.**
- 5<sup>th</sup> Oct**         **Boccia Group. 10.15 – 11.45am**
- 9<sup>th</sup> Oct**         **Music & Movement, gentle exercises  
followed by cake and chat. 2.30-4pm.**
- 11<sup>th</sup> Oct**        **Cycling and Lunch. 10am -1.30pm**
- 17<sup>th</sup> Oct**        **Technology Group. 2 – 4pm**

- 18<sup>th</sup> Oct**      **Pickering In-Touch Group. 2-4pm**
- 22<sup>nd</sup> Oct**      **Autumn Get Together. 2-4pm: Members from both Pickering and Malton will meet together at Malton. Sight Support Ryedale AGM.**
- 23<sup>rd</sup> Oct**      **Music & Movement, gentle exercises followed by cake and chat. 2.30-4pm.**
- 24<sup>th</sup> Oct**      **Craft Club. 10am-12pm**
- 1<sup>st</sup> Nov**        **Pickering In-Touch Group. 2-4pm**  
**Pickering Rotary Members, Hugh Morgan and David Capes entertain with their tale of a venetian boat trip.**
- 2<sup>nd</sup> Nov**        **Boccia Group. 10.15 – 11.45am**
- 6<sup>th</sup> Nov**        **Music & Movement, gentle exercises followed by cake and chat. 2.30-4pm.**

- 7<sup>th</sup> Nov      Craft Club. 10am-12pm**
- 15<sup>th</sup> Nov      Shopping Trip to Monks Cross / Vanguard.  
11am-3pm**
- 16<sup>th</sup> Nov      Boccia Group. 10.15 – 11.45am**
- 20<sup>th</sup> Nov      Music & Movement, gentle exercises  
followed by cake and chat. 2.30-4pm.**
- 21<sup>st</sup> Nov      Technology Group**
- 26<sup>th</sup> Nov      Castle Howard Trip. 11am – 3pm**
- 28<sup>th</sup> Nov      Craft Club 10am – 12pm**
- 29<sup>th</sup> Nov      Pickering In-Touch Group. 2-4pm**

- 30<sup>th</sup> Nov      Boccia Group. 10.15 – 11.45am**
- 4<sup>th</sup> Dec        Music & Movement, gentle exercises  
followed by cake and chat. 2.30-4pm.**
- 5<sup>th</sup> Dec        Christmas Lunch**
- 10<sup>th</sup> Dec      Carol Service**
- 12<sup>th</sup> Dec      Craft Club 10am – 12pm**
- 14<sup>th</sup> Dec      Boccia Group. 10.15 – 11.45am (last one  
before Christmas)**
- 18<sup>th</sup> Dec      Music & Movement, gentle exercises  
followed by cake and chat. 2.30-4pm. (last  
one before Christmas)**

**20<sup>th</sup> December 2018 until 2<sup>nd</sup> January 2019 the Sight  
Support Ryedale Office will be closed for Christmas.**

**To contact the office please call: 01653 698860**

**or email**

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